

What Did Yahshua Pray? Part 1

Matthew 6: 9-13 - The Lord's Prayer

⁹ After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.

¹⁰ Thy kingdom come. Thy will be done in earth, as it is in heaven.

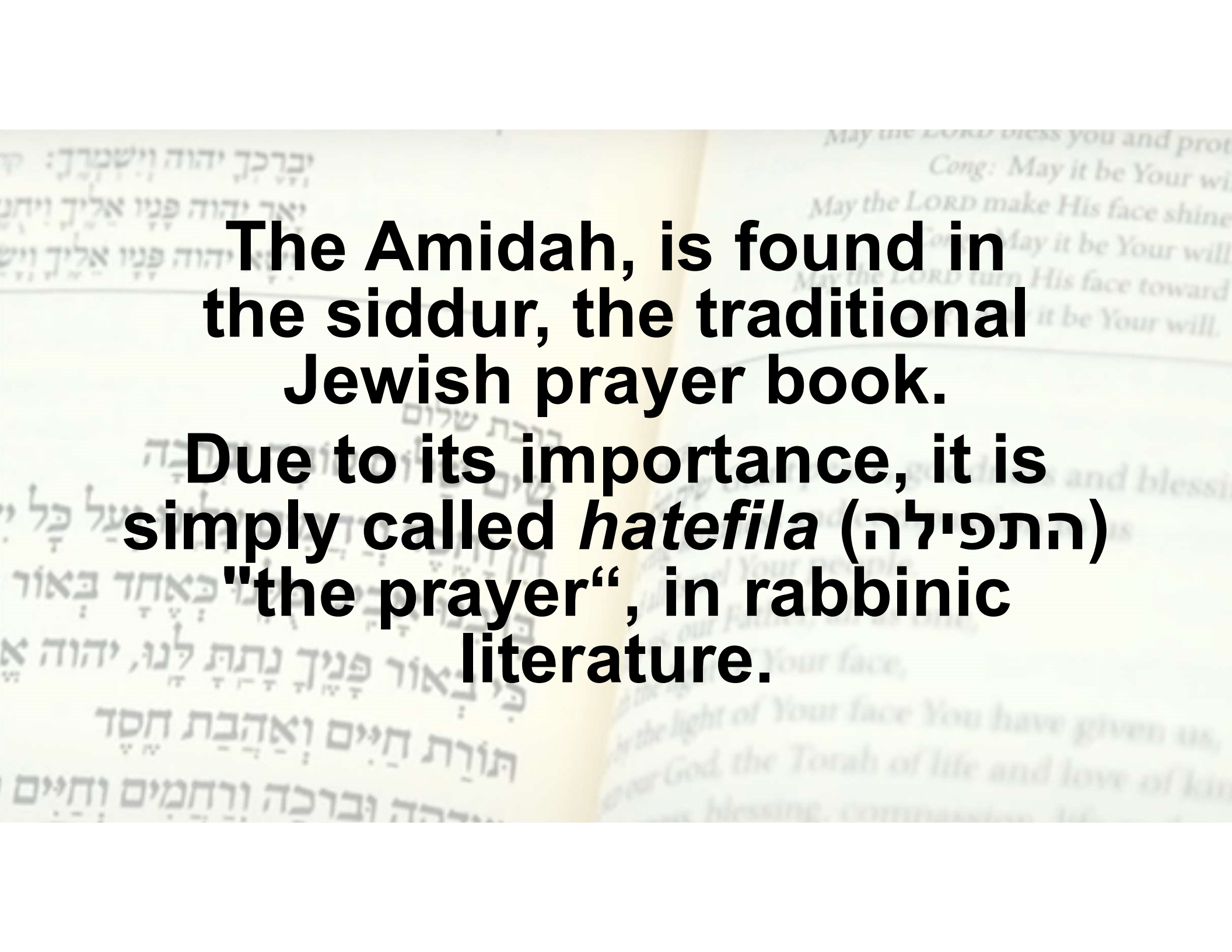
¹¹ Give us this day our daily bread.

¹² And forgive us our debts, as we forgive our debtors.

¹³ And do not lead us into temptation, But deliver us from the evil one. For Yours is the kingdom and the power and the glory forever.

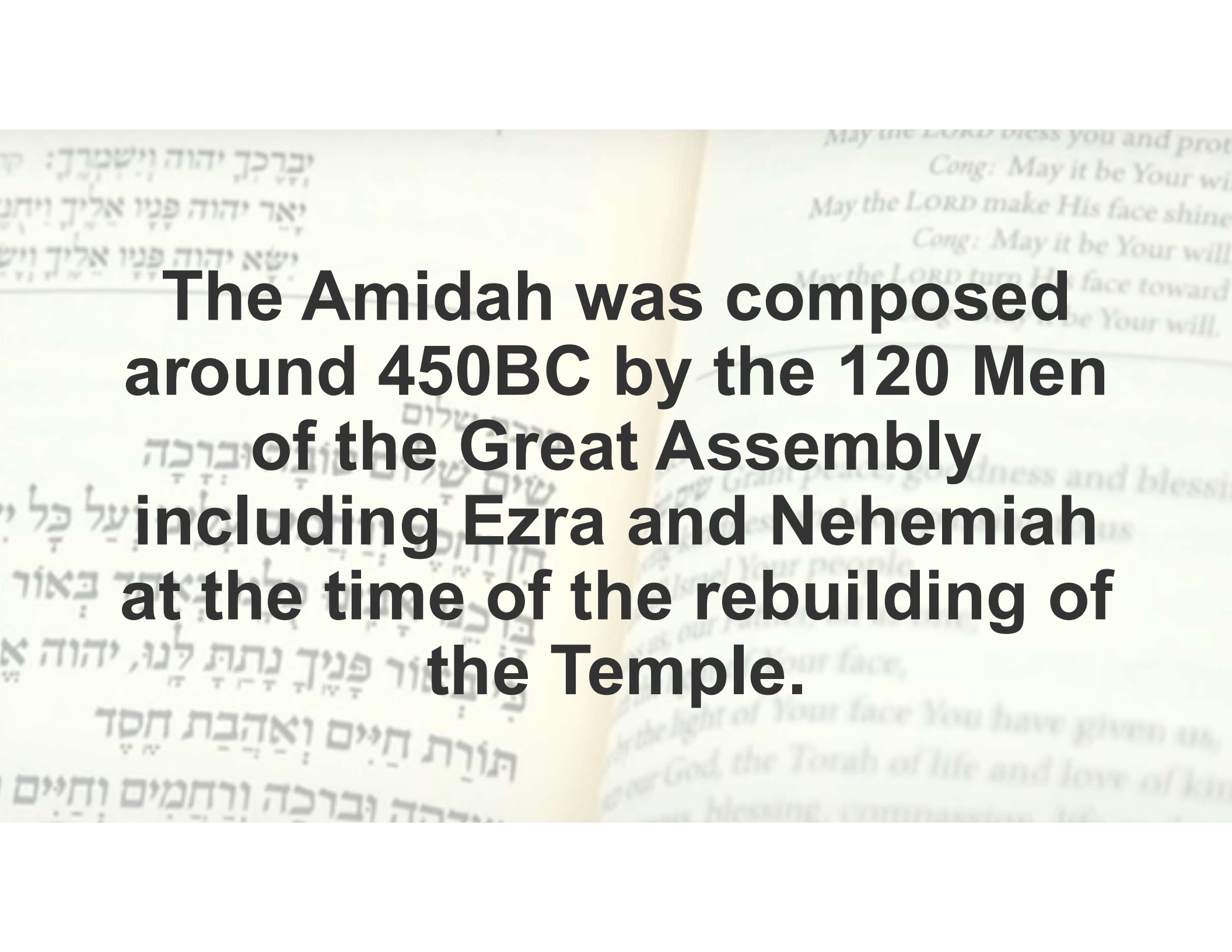
This prayer Yahshua taught His disciples is commonly accepted as an abbreviated version of the Amidah or Eighteen Benedictions taught to and prayed by Yahshua.

The Amidah (תפילת העמידה), *Tefilat HaAmidah*, "The Standing Prayer", or the *Shemoneh Esreh* (שמונה עשרה) "eighteen" is the central prayer of the Jewish liturgy.



The Amidah, is found in the siddur, the traditional Jewish prayer book.

Due to its importance, it is simply called *hatefila* (התפילה) "the prayer", in rabbinic literature.

The background features an open book with Hebrew text on the left page and English text on the right page. The Hebrew text includes phrases like 'יְבָרֶכְךָ יְהוָה וַיְשַׁמְרֶךָ' and 'יְשֹׁא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשְׂא'. The English text includes 'May the LORD bless you and protect you', 'Cong: May it be Your will', 'May the LORD make His face shine', and 'May the LORD turn His face toward'.

**The Amidah was composed
around 450BC by the 120 Men
of the Great Assembly
including Ezra and Nehemiah
at the time of the rebuilding of
the Temple.**

The Amidah is the prayer that is said while standing facing toward Jerusalem, most of which is said silently. The Amidah is used during Sabbath services, holy days, and the daily Jewish services

It is important for Messianics to be familiar with this central prayer of Jewish religious life. The prayer is very ancient, some of the changes to it being made 200 years before the time of Yahshua.

Every Jew was obligated to pray the Eighteen Benedictions daily. In times of emergency, one was permitted to pray a shortened form of the Eighteen.

Observant Jews recite the Amidah at each of three prayer services in a typical weekday: morning (Shacharit), afternoon (Mincha), and evening (Ma'ariv).

The prayer is recited standing with feet firmly together, and preferably while facing Jerusalem. In Orthodox public worship, the Amidah is usually first prayed quietly by the congregation and is then repeated aloud by the chazzan (reader).

The typical weekday Amidah actually consists of nineteen blessings, though it originally had eighteen (hence the alternative name Shemoneh Esreh, meaning "Eighteen").

The benedictions date from the earliest days of the Pharisaic Synagogue.

On Shabbat, Rosh Chodesh, and other Jewish holidays there is a *Musaf* ("Additional") Amidah to replace the additional communal sacrifices of these days. On Yom Kippur (Day of Atonement), a fifth public recitation, Ne'ilah, is added to replace a special sacrifice offered on that day.

**The first three benedictions state
the fundamental beliefs of Judaism
in the one true creator Yahovah;**

1. Yahovah of History

2. Yahovah of nature

3. The Yahovah Who Sanctifies

**Benedictions 4-15 are petitions.
4-9 are personal in nature;**

- 4. For Understanding**
- 5. Repentance**
- 6. Forgiveness**
- 7. Deliverance From Affliction**
- 8. Healing**
- 9. Deliverance From Want**
- 10. For The Reunion Of Israel**

- 11. Righteous Reign Of Yahovah**
- 12. Against Slanderers,
Informers, And Traitors**
- 13. For The Righteous**
- 14. The Rebuilding Of Jerusalem**
- 15. The Messianic King**

**Benedictions 16-18 are regarding
service to Yahovah:**

16. The Hearing of Prayer

17. The Temple Service

**18. Thanksgiving For
Yahovah's Mercies.**

19. Grant Peace

1. Yahovah Of History

O Yahovah, open my lips, and my mouth shall declare your praise. Blessed art thou, O lord our Yahovah and Elohim of our fathers, Elohim of Abraham, Elohim of Isaac, and Eloheim of Jacob, the great mighty and revered Yahovah, the most high Yahovah, who bestows loving kindness, and the Master of all things; who remembers the pious deeds of the patriarchs, and in love will bring a redeemer to their children's children for your Name's sake.

Psalm 51:15

**O Lord, open my lips,
That my mouth may
declare Your praise.**

2. Yahovah of Nature

O King, Helper, Savior and Shield. Blessed art thou, O Yahovah, the Shield of Abraham. You, O Lord, are mighty for ever, you revive the dead, You are mighty to save. You sustain the living with loving kindness, revive the dead with great mercy, support the falling, heal the sick, free the bound, and keep Your faith to them that sleep in the dust. who is like You, Lord of the mighty acts, and who resembles You, O King, who orders death and restores life, and causes salvation (Yahshua) to spring forth? Yes, You are faithful to revive the dead. Blessed art thou, O Yahovah, who revives the dead.

Psalm 119:156
Great are Your
tender mercies,
O LORD; Revive
me according to
Your judgments.



3. Yahovah Who Sanctifies

We will sanctify Your Name in the world even as they sanctify it in the highest heavens, as it is written by the hand of Your prophet: And they call to one another and said, Holy, holy, holy, is the Lord of Hosts: The whole earth is full of His glory.

Those over against them say, Blessed be the glory of the Lord from His place. And in Your Holy Words it is written, saying

The Lord shall reign for ever, Your God O Zion, unto all generations. Praise Ye the Lord. Unto all generations we will declare Your greatness, and to all eternity we will proclaim Your holiness, and Your praise, O our Yahovah, shall not depart from our mouth for ever, for You are a great and holy Yahovah and King. Blessed art thou, O Lord the holy Yahovah.

Isaiah 6:3

We will sanctify Your name in this world just as it is sanctified in the highest heavens, as it is written by Your prophet: "And they call out to one another and say: Minyan: "Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory".



4. Prayer For Understanding

You favor man with knowledge, and teach mortals understanding. Favor us with knowledge, understanding and discernment from You. Blessed art thou, O Yahovah, gracious Giver of knowledge.

The background is a blurred image of an open book. The left page shows Hebrew text, including phrases like 'יְבָרֶכְךָ יְהוָה וַיְשַׂמְרֶךָ' and 'יְשֵׁא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשְׂשָׁן'. The right page shows English text, including 'May the LORD bless you and protect you', 'Cong: May it be Your will', and 'May the LORD make His face shine'.

Proverbs 2:6

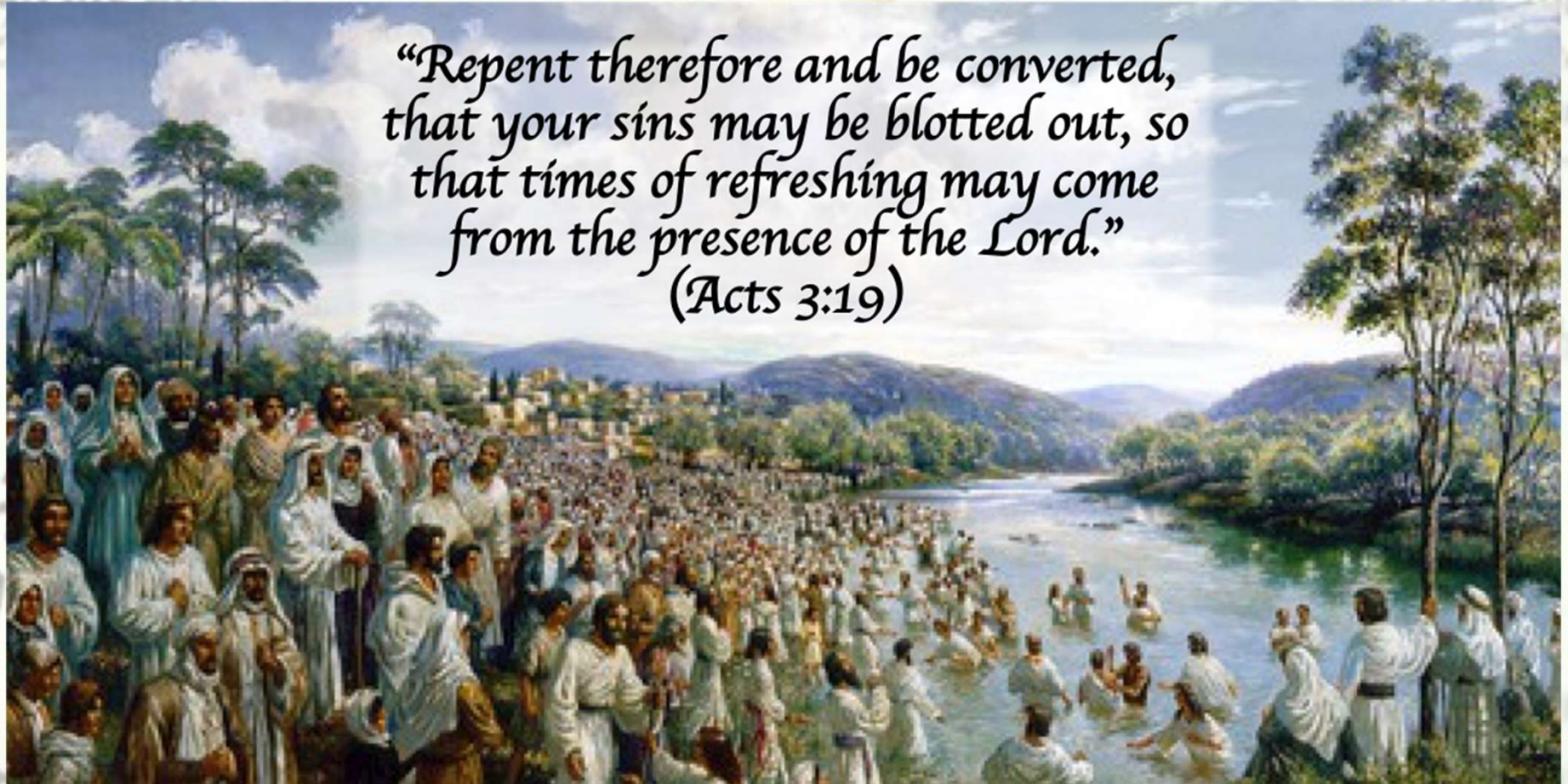
**For the Lord gives wisdom;
from His mouth come
knowledge and
understanding.**

5. Prayer for repentance

Cause us to return, our Father, unto Your Torah; draw us near, our King, unto Your service, and bring us back in perfect repentance unto Your presence. Blessed art thou, O Yahovah, who delights in repentance.

Acts 3:19

*“Repent therefore and be converted,
that your sins may be blotted out, so
that times of refreshing may come
from the presence of the Lord.”
(Acts 3:19)*



6. Prayer For Forgiveness

Forgive us, our Father, for we have sinned; pardon us, our King, for we have transgressed; for You do pardon and forgive. Blessed art thou, O Yahovah, who is gracious, and does abundantly forgive.

Psalm 32:5

I acknowledged my sin to you, and I did not cover my iniquity; I said, “I will confess my transgressions to the Lord,” and you forgave the iniquity of my sin. Selah

7. Prayer For Deliverance From Affliction

Look upon our affliction and plead our cause, and redeem us speedily for Your name's sake; for You are a mighty Redeemer. Blessed art thou, O Yahovah, the Redeemer of Israel. Answer us, O Yahovah, answer us on this day of the fast of our humiliation, for we are in great trouble. Turn not to our wickedness; conceal not your face from us, and hide not Yourself from our supplication. Be near, we beseech You, unto our cry; let Your loving kindness be a comfort to us; even before we call unto You answer us, according as it is said, And it shall come to pass that, before they call, I will answer; while they are yet speaking, I will hear; for You, O Yahovah, are He who answers in time of trouble, who delivers and rescues in all times of trouble and distress; the holy King."

Psalm 119:154

Plead my cause and redeem me; Revive me according to Your word.

8. Prayer For Healing

Heal us, O Yahovah, and we shall be healed; save us and we shall be saved; for You are our praise. Grant a perfect healing to all our wounds; you almighty King, are a faithful and merciful Physician. Blessed art thou O Yahovah, who heals the sick of Your people Israel.

Jeremiah 17:14

Heal me, O LORD, and I shall be healed; save me, and I shall be saved:
for thou art my praise.

KJV Jeremiah 17:14



9. Prayer for Deliverance From Want

Bless this year unto us, O Lord our Yahovah, together with every kind of the produce, for our welfare; give a blessing upon the face of the earth. O satisfy us with your goodness, and bless our year like other good years. Blessed art thou, O Yahovah, who blesses the years.

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Psalm 65:11

**You crown the year with
Your goodness, And Your
paths drip with
abundance.**

10. Prayer For Reunion Of Israel

**Sound the great horn for our freedom;
raise the ensign to gather our exiles, and
gather us from the four corners of the
earth. Blessed art thou, O Yahovah, who
gathers the dispersed of Your people
Israel.**

Isaiah 11:12

He will set up a banner for the nations, And will assemble the outcasts of Israel, And gather together the dispersed of Judah from the four corners of the earth.



11. Prayer For The Righteous Reign Of Yahovah

Restore our judges as in former times, and our counselors as at the beginning; remove from us sorrow and sighing; reign over us, O Yahovah, You alone, in loving kindness and tender mercy, and clear us in judgment. Blessed art thou, O Yahovah, the King who loves righteousness and judgment.

Isaiah 1:26

I will restore your judges as at the first, And your counselors as at the beginning. Afterward you shall be called the city of righteousness, the faithful city.

12. Prayer Against Slanderers

**And for slanderers let there be no hope,
and let all wickedness perish as in a
moment; let all Your enemies be speedily
cut off, and the dominion of arrogance
uproot and crush, cast down and humble
speedily in our days. Blessed art thou, O
Yahovah, who breaks the enemies and
humbles the arrogant.**

Isaiah 3:11
Woe to the wicked!
It will go badly with
him, For what he
deserves will be
done to him.



Click On Picture To Start The Video



When Finished Use The Back Arrow To Return To The Teaching

**This Prayer created after the destruction of
the Second Temple**

**Original word wasn't slanderers
(lamalshinim) but**

it was "the sectarians" (laminim)

**The "Sectarians" were understood to be the
Essenes and Messianic Jews**

**This recitation became a way of separating
Messianics from the Jews**

13. Prayer For The Righteous And Proselytes

Toward the righteous and the pious, toward the elders of Your people the house of Israel, toward the remnant of their scribes, toward true proselytes, and toward us also may Your tender mercies be stirred, O Lord our Yahovah; grant a good reward unto all who faithfully trust in Your Name; set our portion with them for ever, so that we may not be put to shame; for we have trusted in You. Blessed art thou, O Yahovah the stay and trust of the righteous.

Hebrews 11:6

And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him.

14. Prayer For The Rebuilding Of Jerusalem

**And Jerusalem, Your city, return in mercy,
and dwell therein as You have spoken;
rebuild it soon in our days as an everlasting
building, and speedily set up therein the
throne of David. Blessed art thou, O
Yahovah, who rebuilds Jerusalem.**

Nehemiah 2:5

And I answered the king, 'If it pleases the king and if your servant has found favor in his sight, let him send me to the city in Judah where my fathers are buried so that I can rebuild it.'



15. Prayer For The Messianic King

**Speedily cause the offspring of David,
Your servant, to flourish, and lift up his
glory by Your divine help because we wait
for Your salvation all the day. Blessed art
thou, O Yahovah, who causes the strength
of salvation (Yahshua) to flourish.**



Psalm 115:14

May the LORD cause you to flourish, both you and your children.

16. Prayer For The Hearing Of Prayer

Hear our voice, O Lord our Yahovah; spare us and have mercy upon us, and accept our prayer in mercy and favor; for You are a Lord who hears and answers prayers and supplications; from Your presence, O our King, turn us not away empty; "Answer us, O Yahovah, answer us on this day of the fast of our humiliation, for we are in great trouble. Turn not to our wickedness; conceal not your face from us, and hide not Yourself from our supplication. Be near, we beseech You, unto our cry; let Your loving kindness be a comfort to us; even before we call unto You answer us, according as it is said, And it shall come to pass that, before they call, I will answer; while they are yet speaking, I will hear; for You, O Yahovah, are He who answers in time of trouble, who delivers and rescues in all times of trouble and distress; the holy King." For You hear and answer in mercy to the prayers of Your people Israel. Blessed art thou, O Yahovah, who hears and answers prayer.

Ezekiel 33:11

Say to them, As I live, declares the Lord God, I have no pleasure in the death of the wicked, but that the wicked turn from his way and live; turn back, turn back from your evil ways, for why will you die, O house of Israel?

17. Prayer For The Restoration Of Temple Service.

Accept, O Lord our Yahovah, Your people Israel and their prayer; restore the service to the inner sanctuary of Your house; receive in love and favor both the offerings of Israel and their prayer; and may the worship of Your people Israel be ever acceptable unto You. Remember us, O Lord our Yahovah, thereon for our well-being; be mindful of us for blessing, and save us unto live: by Your promise of salvation and mercy, spare us and be gracious to us; have mercy upon us and save us; for our eyes are bent upon You, because You are a gracious and merciful Yahovah and King. And let our eyes behold Your return in mercy to Zion. Blessed art thou, O Yahovah, who restores Your divine presence to Zion.

Psalm 135:21
Blessed be the
Lord from Zion,
he who dwells
in Jerusalem!
Praise the Lord!



18. Thanksgiving For Yahovah's Unfailing Mercies

We give thanks unto You for You are the Lord our Yahovah, and the Yahovah of our fathers, the Yahovah of all flesh, our Creator and the Creator of all things in the beginning. Blessings and thanksgiving be to Your great and holy Name, because You have kept us in life and have preserved us' so may You continue to keep us in life and preserve us. Gather our exiles to Your holy courts to observe Your statutes, to do Your will, and to serve You with a perfect heart; seeing that we give thanks unto You. Blessed be the god to whom thanksgiving is due. We give thanks unto You for You are the Lord our god and god of our fathers for ever and ever; You are the rock of our lives, the Shield of our salvation through every generation. We will give thanks unto You and declare Your praise for our lives which are committed unto Your hand, and for our souls which are in Your charge, and for Your miracles, which are daily with us, and for Your miracles, which are daily with us, and for Your wonders and Your benefits, which are wrought at all times, evening, morning and noon. You are all good, whose mercies fail not; You are the merciful Being, whose loving kindness never ceases, we have ever hoped in You.



2 Samuel 22:2

He said, “The Lord is my
rock and my fortress and
my deliverer.”

19. Grant Peace

Grant peace, welfare, blessing, grace, loving kindness and mercy unto us and unto all Israel, Your people. Bless us, O our Father, even all of us together, with the light of Your countenance; for by the light of Your countenance You have given us, O Lord our Yahovah, the Torah of life, loving kindness and righteousness, blessing, mercy, life and peace; and may it be good in Your sight to bless Your people Israel at all times and in every hour with thy peace. Blessed are You, O Yahovah, who blesses Your people Israel with peace.

1 Chronicles 22:9

Behold, a son shall be born to you, who shall be a man of rest; and I will give him rest from all his enemies all around. His name shall be Solomon, for I will give peace and quietness to Israel in his days.



**Obviously a rabbi would say
these Benedictions every
day.**

**The question then is:
Was Yahshua A Rabbi?**

In the gospels, Yahshua had a reputation as a Jewish rabbi (Mark 14:45; John 1:38). Peter (in Mark 9:5) and Mary Magdalene (in John 20:16) both referred to Yahshua as “Rabbi.” Moreover, Nicodemus thought that this title was appropriate for Yahshua: “Rabbi, we know that you are a teacher who has come from God. For no one could perform the signs you are doing if God were not with Him” (John 3:2). Elsewhere, we see Yahshua referred to as “Teacher” (Mark 5:35). According to John 1:38, Rabbi and Teacher are synonymous titles.

Mark 14:45 - And when he (Judas) came, he went up to Him at once and said, "Rabbi!" And he kissed Him.

John 1:38 - Yahshua turned and saw them following and said to them, "What are you seeking?" And they said to Him, "Rabbi" (which means Teacher), "where are you staying?"

Mark 9:5 - And Peter said to Yahshua, "Rabbi, it is good that we are here. Let us make three tents, one for you and one for Moses and one for Elijah."

John 20:16 - Yahshua said to her, "Mary." She turned and said to Him in Aramaic, "Rabboni!" (which means Teacher).

John 1:38 - Turning around, Yahshua saw them following and asked, "What do you want?" They said, "Rabbi" (which means "Teacher"), "where are you staying?"

Mark 5:35 - While He was still speaking, some came from the ruler of the synagogue's house who said, "Your daughter is dead. Why trouble the Teacher any further?"

Was Yahshua A Rabbi or a rabbi?

Rabbi means “teacher”

**In the Bible, 60 times Yahshua was called “teacher”
and at least 14 times a “rabbi”**

**Yahshua was considered a rabbi in the eyes of the
people**

He did the things a rabbi does

High Priest in the Order of Melchizedek

**Not from the tribe of Levi but from the tribe of
Judah and He was under 30 years old – Not an
Aaronic Priest**

Most rabbis were Pharisees – arguments both ways

Pharisee, Sadducee, Essene, or Zealot

Summary:

What Is The Amidah


The History Of The Amidah

Layout Of The Amidah

Read Each Of The Benedictions

Cross Referenced Each To The Bible

Was Yahshua A Rabbi



Next Time:
Jewish Prayer Traditions
Three Hours For Prayer
Prayers Yahshua Said
Yahshua Prays The Amidah
Yahshua Teaches The Importance
Of Prayer