



# Repentance and Restoration

What is it and how do we live it?

# The Hebrew word most often translated for repent is -

נחם (Nacham) Strong's number 5162

The first definition is - to be sorry, console oneself

It can also be translated - am sorry (1), appeased (1), become a consolation (1), change mind (6), change minds (1), changed mind (4), comfort (30), comforted (18), comforter (2), comforters (4), comforts (2), console (3), consolers (1), consoling (1), give rest (1), have compassion (2), moved to pity (1), regret (1), regretted (1), relent (5), relented (4), relenting (3), relents (1), relieved (1), repent (3), repented (2), sorry (6), think better (1)

The first time any form of this word is used in in  
Genesis 5; 29

**28** Lamech lived 182 years and he fathered a son.

**29** And he named him Noah saying, “This one will comfort us from our work and from the pain of our hands because of the ground which *Yahovah* cursed.”

Noah = נח

Repent, comfort, (Nacham) = נחם



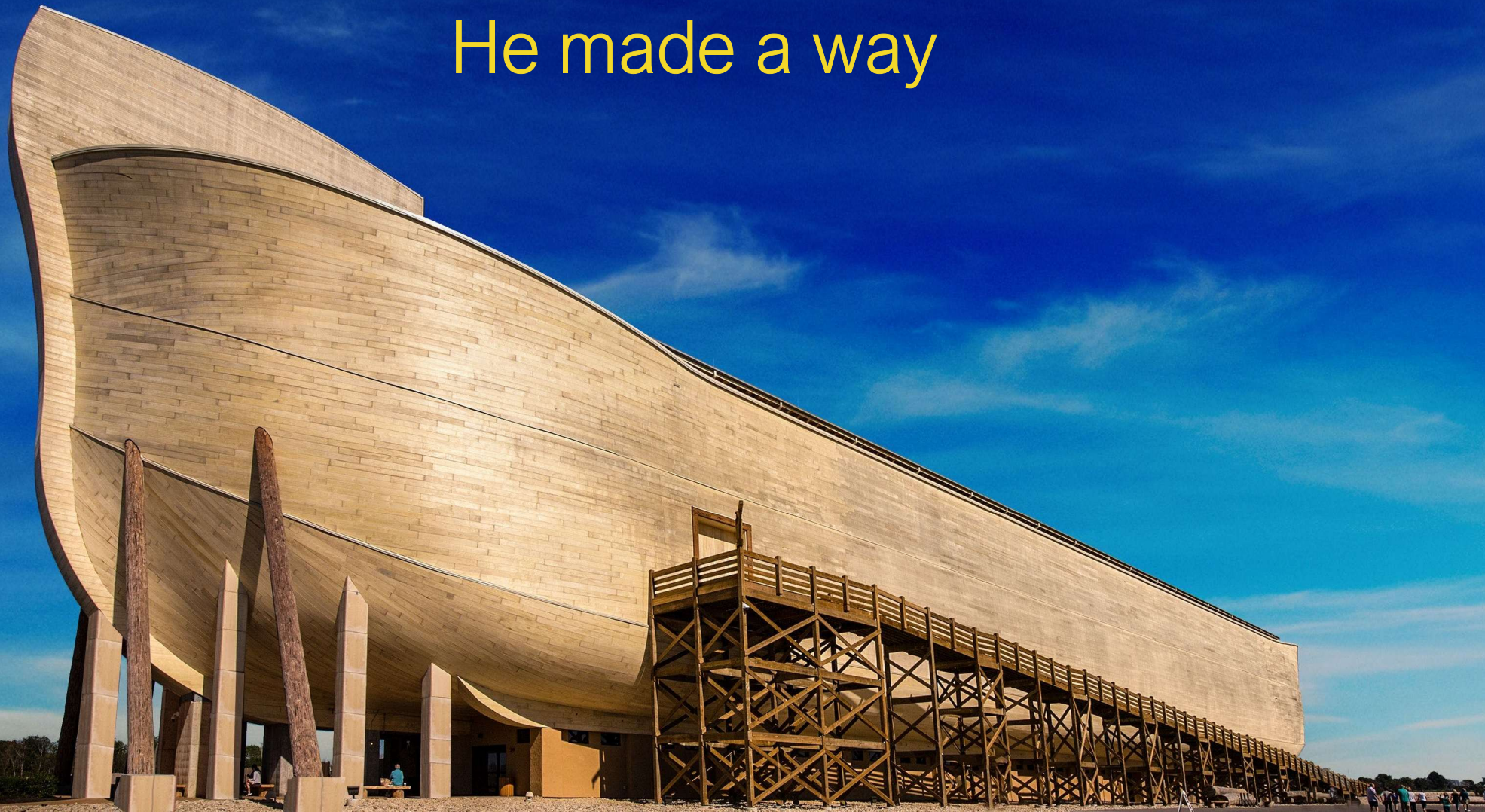
Genesis 6; 6 And it **repented** Yahovah that he had made man on the earth, and it grieved him at his heart



Yahovah did not simply turn off all of humanity



He made a way





But the ark didn't restore us

What is our concept of  
restoration??



Restore  
Strong's 7725  
(shūt) שׁוּב  
to turn back, return

Genesis 3; 19 By the sweat of your brow will you eat food, until you **return** to the ground since from it were you taken. For you are dust, and to dust will you **return**.”



In Hosea 6:1 we read Come, let's **go back** to the Lord. He has hurt us, but he will heal us. He has wounded us, but he will bandage our wounds.

Exodus 32; 7 - 9 And the Lord said to Moses, “Go down from this mountain. Your people, the people you brought out of the land of Egypt, have done a terrible sin. **8** They have quickly turned away from the things I commanded them to do. They have made for themselves a calf of melted gold. They have worshiped that calf and offered sacrifices to it. The people have said, ‘Israel, these are your gods who brought you out of Egypt.’” **9** The Lord said to Moses, “I have seen these people. I know that they are very stubborn people. **10** So now do not stop me. I am so angry with them that I am going to destroy them. Then I will make you and your descendants a great nation.”



Leviticus 23; 26 - 32 The Lord spoke to Moses, saying, "Also the tenth day of this seventh month is the Day of Atonement; it shall be a holy convocation for you, and you shall humble yourselves and present an offering by fire to the Lord. You shall not do any work on this same day, for it is the Day of Atonement, to make atonement on your behalf before the Lord your God. If there is any person who will not humble himself on this same day, he shall be cut off from his people.

If there is any person who does any work on this same day, I will destroy that person from among his people. You shall do no work at all on that day. It is a permanent statute throughout your generations wherever you may be. It is to be to you a Sabbath of complete rest, and you shall humble yourselves. On the ninth day of the month at evening, from evening to evening you shall keep your Sabbath.”



Have we been using repentance and restoration properly?

2 Chronicles 7; 14 when My people, over whom My Name is called, humble themselves and pray and seek My face and turn from their evil ways, then I will hear from heaven and will forgive their sin and will heal their land.



13 - 16 If I shut up heaven that there is no rain, or if I command the locust to devour the land, or if I send pestilence among My people, **14** when My people, over whom My Name is called, humble themselves and pray and seek My face and turn from their evil ways, then I will hear from heaven and will forgive their sin and will heal their land. **15** Now My eyes will be open and My ears attentive to the prayer offered in this place. **16** For now I have chosen and consecrated this House so that My Name may be there forever. My eyes and My heart shall be there perpetually.

17 - 20 “As for you, if you walk before Me as your father David walked, doing all that I have commanded you, keeping My statutes and My ordinances, **18** then I will establish your royal throne as I covenanted with your father David saying, ‘You shall not lack a man to be ruler in Israel.’ **19** But if you turn away and forsake My decrees and My *mitzvot* that I have set before you, and go and serve other gods and worship them, **20** then I will uproot them from My land which I gave them, and this House which I have consecrated for My Name I will cast out of My sight. I will make it a proverb and a byword among all peoples.



So how do **WE** receive restoration?

- Psalm 32; 5 Then I acknowledged my sin to You and did not hide my iniquity. I said: “I confess my transgressions to *Yehovah*,” and You forgave the guilt of my sin.
- Psalm 51; 2 Wash away all my guilt and make me clean again.
- Proverbs 28; 13 One who covers up his transgressions will not prosper, but whoever confesses and forsakes them finds mercy.
- 1 John 1; 9 If we confess our sins, He is faithful and righteous to forgive our sins and purify us from all unrighteousness.



1 Corinthians 15; 50 But this I say my  
brethren: flesh and blood cannot inherit  
The Kingdom of Heaven, neither does  
corruption inherit indestructibility.

Daniel 12:3 Those who are wise will shine like the bright expanse of the heavens, and those who lead many to righteousness, like the stars forever and ever."

1 Corinthians 15:53 For the perishable must be clothed with the imperishable, and the mortal with immortality.



1 Corinthians 15; 54 When the perishable has been clothed with the imperishable and the mortal with immortality, then the saying that is written will come to pass: “Death has been swallowed up in victory.”

Isaiah 25; 8 He will swallow up death forever.  
*Adonai Yahovah* will wipe away the tears from  
every face and remove the disgrace of His  
people from the whole earth. For Yahovah has  
spoken.



Revelation 21;4 And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.